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UNITED STATES DEPARTMENT OF COMMERCE United States Patent and Trademark Office

December 17, 2003

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APPLICATION NUMBER: 60/405,352

FILING DATE: August 23, 2002

RELATED PCT APPLICATION NUMBER: PCT/US03/26238

By Authority of the

COMMISSIONER OF PATENTS AND TRADEMARKS

H. L. JACKSON Certifying Officer

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PROVISIONAL APPLICATION FOR PATENT COVER SHEET

This is a request for filing a PROVISIONAL APPLICATION FOR PATENT under 37 CFR 1.53(c)

Express Mail Label No.

| Morteza Naghavi 3625 Sage, Apt 1405, Houston, TX 77056 Additional inventors are being named on the | INVENTOR(S) | | | | | | | | | |
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| Nachiket Morteza Naghavi Nadibional inventors are being named on the | Given Name (first and middle | Family | name | | | | | ntrv) | | |
| Morteza Naghavi Separately numbered sheets attached hereto TITLE OF THE INVENTION (500 characters max) Methods and apparatus for non-invasively evaluating endothelial function Direct all correspondence to: Type Customer Number here Place Customer Number Bar Code Label here Place Cust | Nachiket | | | | | | | | | |
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| Customer Number Type Customer Number here Place Customer Number Bar Code Label here Place Customer Number Bar Code Label here Morteza Naghavi Address 6770 Bertner Ave. MC 3-277 Address City Houston State TX ZIP 77030 Country USA Telephone 832-355-9144 Fax 832-355-9368 ENCLOSED APPLICATION PARTS (check all that apply) Specification Number of Pages 5 CO(s), Number Drawing(s) Number of Sheets 1 Cotes (specify) references Application Data Sheet See 37 CFR 1.76 METHOD OF PAYMENT OF FILING FEES FOR THIS PROVISIONAL APPLICATION FOR PATENT Applicant claims small entity status. See 37 CFR 1.27. A check or money order is enclosed to cover the filing fees The Commissioner is hereby authorized to charge filing fees or credit any overpayment to Deposit Account Number: Payment by credit card. Form PTO-2038 is altached. The invention was made by an agency of the United States Government or under a contract with an agency of the United States Government. Respectfully submitted, SIGNATURE Morteza Naghavi Page Customer Number Bar Code Label here TX ZIP 77030 To City (specify) Fex 832-355-9368 ENCLOSED APPLICATION PARTS (check all that apply) City (specify) Feferences Feferences Filing FEE AMOUNT (s) \$80.00 \$80.00 REGISTRATION NO. (ll appropriate) | Methods and apparatus for non-invasively evaluating endothelial function | | | | | | | | | |
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USE ONLY FOR FILING A PROVISIONAL APPLICATION FOR PATENT

This collection of information is required by 37 CFR 1.51. The information is used by the public to file (and by the PTO to process) a provisional application. Confidentiality is governed by 35 U.S.C. 122 and 37 CFR 1.14. This collection is estimated to take 8 hours to complete, including gathering, preparing, and submitting the complete provisional application to the PTO. Time will vary depending upon the individual case. Any comments on the amount of time you require to complete this form and/or suggestions for reducing this burden, should be sent to the Chief Information Officer, U.S. Patent and Trademark Office, U.S. Department of Commerce, Washington, D.C. 20231. DO NOT SEND FEES OR COMPLETED FORMS TO THIS ADDRESS. SEND TO: Box Provisional Application, Assistant Commissioner for Patents, Washington, D.C. 20231.

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| Moneza Nagnavi (Attorney/Agent) | | | | | | | Telephone | 832-355-9 | |
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Title: - Methods and apparatus for non-invasively evaluating endothelial function.

Inventors: Nachiket Kharalkar Dr. Morteza Naghavi

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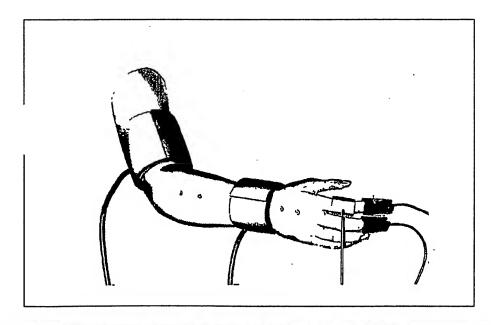
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ABSTRACT

Methods and apparatus for non-invasively evaluating endothelial function. This can be done

self-administratively without the presence of any medical practitioner. This test helps an ordinary consumer or patient to test the endothelial function and to obtain information about his endothelial cells; which are responsible for maintaining the patency and integrity of the arterial system. The hyperemia is simulated by creating an occlusion of the target artery restore to the (by inducing cuff pressure on arm, wrist, finger or application as leg) for some time and then suddenly releasing the occlusion. The changes in the arterial blood flow are [0030] monitored before the occlusion and then after the release of occlusion. Different techniques may be used to determine the blood flow through the arteries and may include but are not limited to pulse oximetry, temperature measurements, piezoelectric sensors or auditory sensors. These changes are then used to predict the endothelium dysfunction present if

restore to the application as Figure 4



Methods and apparatus for noninvasively evaluating endothelial function

FIELD OF THE INVENTION

The present invention relates generally to evaluation of the endothelial function. More particularly, it allows medical examination of the vascular system, in the absence of the medical practitioner; at the public places such as shopping complex, airport, mall etc.

BACKGROUND OF THE INVENTION

Over the past two-three decades, the ability to diagnose heart disease has improved radically. This is primarily because of the evolution of new, increasingly sophisticated cardiac-testing techniques and equipments. Cardiovascular diseases and its sequel account for most of the morbidity and mortality in advanced countries. Although the exact cause of cardiovascular disease remains ambiguous, it is now know that an impairment of tissue perfusion represents the primary problem. The understanding of the development and progression of atherosclerosis has been greatly advanced in the past decade. In 1970's the response to injury hypothesis of atherosclerosis proposal was made; suggesting atherosclerosis begins with an injury to the arterial wall leading to endothelial denudation or 'stripping of the endothelial lining of the artery'. In recent years, it has become clear that the endothelium has many important functions in maintaining the patency and integrity of the arterial system. The endothelium can reduce and so inactivate toxic super-oxides which may be present in diabetics and in smokers. The endothelium is the source of the nitric oxide, a local hormone that relaxes the adjacent smooth muscle cells in the media, and is one of the most powerful vasodilators known. The endothelium regulates vascular homeostasis by elaborating a variety of paracrine factors that act locally in the blood vessel wall and lumen. Under normal conditions, the sum total effect of these endothelial factors is to maintain normal vascular tone, blood fluidity, and limit vascular inflammation and smooth muscle cell proliferation. However, when coronary risk factors are present, the endothelium may adopt a phenotype facilitates inflammation, thrombosis, atherosclerotic lesion vasoconstriction, and formation. In human subjects, this maladaptive endothelial phenotype manifests itself prior to the development of frank atherosclerosis and is associated with traditional risk factors such as hypercholesterolemia, hypertension, and diabetes

mellitus and with emerging risk factors such as hyperhomocystinemia, obesity, and systemic inflammation.

Possible causes of endothelial dysfunction include:-

- Elevated low density lipoprotein cholesterol, particularly oxidized LDL-C.
- Free radical induced damage caused by tobacco use, diabetes and hypertension.
- · Genetic abnormalities.
- Elevated plasma homocysteine.
- Infectious agents such as Chlamydia.
- Obesity.
- · Sedentary lifestyle.

Currently available methods for the estimation of the endothelial dysfunction can be classified in to two types; invasive and non-invasive methods.

Invasive methods are:-

1. Coronary endothelial function is frequently studied by measuring the vasodilator response of coronary arteries to acetylcholine or to cold pressor test by invasive quantitative coronary angiography.

add to [0007]

Injecting the radioactive material, and then tracing the blood flow with the help of gamma ray radiations.

Non-invasive methods are:-

- 1. Method to evaluate the accuracy of measurement of the percent change in diameter of the left main trunk induced by cold pressor test with two-dimensional (2-D) echocardiography and extension of this method to the evaluation of coronary artery endothelial function in hypertensive patients.
- 2. Dundee step test.
- 3. Laser Doppler perfusion imaging and iontophoresis (Linton instruments).
- 4. High resolution B-mode ultrasound.
- Detection of vascular conditions using an occlusive arm cuff plethysmograph.
- 6. Detection of medical conditions by monitoring the peripheral arterial tone, in conjunction with the creation of hyperemia by the arm cuff.

add to [0008]

SUMMARY OF THE INVENTION

This Invention introduces self administered endothelial function assessment test. The test is a non-invasive test for evaluation of endothelial function and can be done without the presence of any medical practitioner. The main endeavor for developing these tests is to enable an ordinary consumer or patient to test their endothelial function and get the information about his endothelial cells: which are responsible for maintaining the patency and integrity of the arterial system. In a self administered fashion this endothelial function assessment kit can be made available in the Checkmy heart café, various public places, and also can be made home based.

This invention helps us in predicting the endothelial dysfunction non-invasively, without the presence of any medical practitioner. Currently available methods require the presence of skilled medical practitioner. These self administered endothelial function assessment tests can be performed at the public places and also at the home. The hospital based tests currently available are costly. The tests mentioned in this invention can be performed in 5-6 minutes. Currently available tests may sometimes require more than 6 minutes for the

BRIEF DESCRIPTION OF THE DRAWINGS

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[0012 - 13]

FIGURE 1 is an overall system diagram of the invention, in its preferred embodiment.

We claim:

1. A self administered method for non-invasive detection of the endothelial function of a person, without the intervention of any medical practitioner.

2. A method for self administered endothelial function evaluation comprising:

Creation of occlusion on the arm, leg, wrist or finger of a person in order to block the arterial blood flow:

Maintaining of the said occlusion for predetermined time at the predetermined pressure;

Removing the occlusion after predetermined period;

Monitoring of the changes in the oxygen content of the blood, temperature of finger tip or the blood flow rate:

Prediction of the EF from the analysis of above parameters.

3. A method as mentioned in claim (2), wherein the pulse oximeter is connected to the tip of finger to continuously monitor the oxygen content of the blood in order to predict the

4. A method as mentioned in claim (2), wherein the temperature sensors are placed on the tip of the finger, to monitor the blood flow and predict the EF from that.

5. A method as mentioned in claim (2), wherein two or more sensors separated by some restored as as known distance are placed on the forearm of the person when the occlusion is created in the arm, to determine the blood flow rate. The sensors may be pezio electric sensors micro phone, pressure etc.

6. A method as mentioned in claim (2), wherein Photoplethysmograph apparatus is placed near the finger to monitor the blood flow.

7. A method as mentioned in claim (2), wherein two or more sensors separated by some distance are placed on the arm or the hand and the impedance between them is continuously monitored. This in turn gives the endothelial function.

8. A method as mentioned in claim (2), wherein the blood flow is measured with the help of MAReNIR technique.

9. A method as mentioned in claim (2), wherein the blood flow and the changes in the artery dimensions are monitored by the combined Ultrasound-Doppler technique.

10. A method as mentioned in claim (2), which monitors the blood flow over the course of time right from before the creation of

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restored as as paragraph

occlusion till the blood flow is normalized after the removal of the occlusion, in order to exactly predict the Endothelial function.

11. A method as mentioned in claim (2), wherein the blood flow and the change in the blood flow are plotted against the time. These two graphs are further analyzed to give more accurate value of the endothelial function.

12. The self-administer endothelial function restored as as assessment system as mentioned in claim (1), which gives the 'Risk factor score' to paragraph the patient at the end of the test; indicating [0035] the amount of risk the user has.

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